

WTNS Radio OSU Extension Update for March 4, 2024

Healthy People. Healthy Finances. Healthy Relationships.

On today's OSU Extension update for Healthy People, Healthy Finances, & Healthy Relationships we'll talk about organizing photos, and as always look at some upcoming programs from OSU Extension.

I set a goal a year ago to get a handle on organizing the tote full of family photographs from my childhood. My mom did a fantastic job of putting these in chronological order in albums. She even replaced many old pages with acid free plastic sheets in the early 2000s. I wanted to get those physical photos into digital form.

I've been dragging my feet on this photo project. It feels like a giant task to complete. I have thousands of photos. I didn't want to start scanning photos only to find out there was a better way. I wanted to start with practical how-to information.

I eventually figured out I needed to clearly state my overarching goal before I could locate the resources that could help me. My first goal is to have all my childhood family photos in digital form with access for both my brother's and my families. The second is to have all digital photos organized with access for my children.

I found two helpful books available at the library. The best is "Declutter Your Photo Life: Curating Preserving, Organizing, and Sharing Your Photos" by Adam Pratt (2022). The other is "Photo Organizing Made Easy: Going from Overwhelmed to Overjoyed" by Cathi Nelson (2021). There are some older books out there, but because technology changes so much, I really appreciate the up-to-date options that are given in these books. The principles of organization are similar in both their approaches.

1. Gather - Locate your print photos and physically gather them together in one location. Next locate digital photos from all sources.
2. Reduce - Deduplicate digital photos and curate print photos. Just because we take a picture doesn't mean it is worthy of keeping.
3. Organize and Store— This is where a consistent system is important. Cloud -based options are helpful for sharing photos. Back-ups are still recommended on external hard drives.

4. Maintain – Once you have a good system in place, it is easier to create good habits.

If this is a project you'd like to tackle as well, please join me this Saturday, March 16 at 1PM at the Coshocton Public Library for a free workshop on "Organizing Digital and Physical Photos." I'll discuss how to digitize physical photos, where to store digital photos, and how to share photos with your family and friends. Registration is required by calling the library or visiting coshoctonlibrary.org/events.

And now let's see what else is new from OSU Extension: If you would like to learn more about selling cottage foods at the Coshocton Farmers Market or from another location like your farm, join me for an upcoming local in-person workshop. The Selling Cottage Foods workshop will be Thursday, March 14 at 6:30 PM. Please call OSU Extension at 740-622-2265 to register for this free class.

The next Dining with Diabetes series will be held on Wednesday evenings in April from 5:30-7:30 pm. The cost of the program series is \$20 per person and \$10 for an additional support person. I will teach the classes with Leslie Mayle, registered dietitian with Coshocton Regional Medical Center. Paid registration is required by March 25.

OSU Extension will host the 9th Annual East Ohio Women in Agriculture Conference on Friday, April 5, from 9 AM – 4 PM at the Shisler Conference Center in Wooster. The conference features a networking fair and twenty breakout sessions presented by OSU Extension educators, agricultural producers, and partner agencies. Sessions this year are focused on Business & Marketing, Home & Family, Plants & Pollinators, Animals, and Special Interest. Keynote speaker will be Bonnie Ayars of Ayars Family Farm & Ice Cream.

Cost of the conference is \$60 for adult participants and \$30 for students. Conference fee includes conference participation, breakfast, lunch, conference handouts, and door prizes. Deadline for registration is Friday, March 22.

In closing, at OSU Extension, we are proud to work for Coshocton County to help educate and empower our families, farms, and businesses. Please feel free to contact OSU Extension for more information at 740-622-2265 or visit our website at coshocton.osu.edu. Make it a healthy day!