

Fact Sheet: Health & Safety Speaking, 4-H Topic Speaking, and Living History Speaking

Tips for all 2019 Speaking Contest Participants

Choose a topic that you are excited about and/or familiar with personally.

Use note cards are permitted for **key topics, facts or statistics. Make sure you include statistics and cite your sources. **Do NOT read** your speech.

Participants giving their 1st through 8th speech, who feel it absolutely necessary, may use **a maximum of two 3 ½ x 5 inch index cards. Speeches without index cards may be evaluated higher.*

Participants giving **any 9th speech and above are discouraged from using any index cards.*

Full or half sheets of notebook paper are **not permitted** in any contest.

>>Participants must show any note cards being used at registration<<

Practice your speech frequently before the contest so you are comfortable delivering it.

Make sure your speech is *long enough* to the time meet requirements.

Work with a speaking coach BEFORE the contest. Call Vickie Davis at 622-5522 to schedule a convenient time to practice with any of the speaking coaches.

****2019 Contests – Sunday, June 9, 6 pm at Frontier Power Meeting Room****

****Register with the Extension Office no later than Friday, June 7, 2019.**

HEALTH & SAFETY SPEAKING- county contest with option for area & state competition

Junior Individual Division: ♦ 8-13 yrs as of 1/1/14---Speeches 2 ½ - 3 ½ min.

Senior Individual Division: ♦ 14 yrs & older as of 1/1/14---speeches 4 - 5 1/2 minutes

No props, costumes, or posters allowed in either individual division.

Team Talk/Skit Contest of 2-5 members. Skit of 5-8 minutes is required and created/prepared by the members on a topic of health or safety reflecting family living in the home, farm, highway, or public place. Use of props is allowed in skit competition only, however no posters or printed material. Trademarked or "brand names" of products should not be used on props, costumes, or mentioned in the skit. ***Each team member must have a speaking part of at least 1 minute.*** Costumes allowed as long as members are fully clothed and wearing shoes.

**Participants may be selected to advance to the Area III Health & Safety Speaking Contest in June at the OSU Newark campus or in July at OARDC, Wooster. Area winners advance to the Ohio State Fair contests in July at the Ohio State Fairgrounds in Columbus.

4-H TOPICS—4-H PROJECT or 4-H ACTIVITY (camp, horse, environmental, modeling, etc.)

**Topics on health or safety must participate in the Health & Safety Speaking Contest. **

Junior Individual Division: ♦ 8-13 yrs. as of 1/1/13---Speeches 2 ½ - 3 ½ min.

Senior Individual Division: ♦ 14 yrs. & older as of 1/1/13---Speeches 4 - 5 ½ min.

***No further competition in this contest beyond county level.*

4-H LIVING HISTORY - Participants must be taking the 4-H Living History project

One Division: ♦ Ages 8-18 years as of 1/1/13 --- Speeches 3 ½ - 5 minutes.

Participants are encouraged to appear in period appropriate clothing and use historic props.

***No further competition in this contest beyond county level.*

CLOVERBUD RECITALS – non-competitive; all participants receive a participation memento

Cloverbuds start by reciting the 4-H Pledge with hand motions and the 4-H Motto. An adult or older 4-H member may sit in the front row to prompt Cloverbud(s) if necessary. *See the Cloverbud Speaking Fact Sheet for information about the 2nd and subsequent presentations.* Cloverbuds will receive a participation memento at the end of the evening. **Cloverbud presentations do not count toward speaking incentive awards.** We want Cloverbuds to see other 4-Hers in successful speaking opportunities and to become comfortable speaking in front

2019kjm

Fact Sheet: Health & Safety Speaking, 4-H Topic Speaking, and Living History Speaking

of a friendly audience.

4-H HEALTH & SAFETY INDIVIDUAL SPEAKING CONTEST Score Sheet

| | COMMENTS | SCORE |
|---|----------|-------|
| <p>CONTENT: 30 Points</p> <ul style="list-style-type: none"> ◆ Central Theme Appropriate and Informative ◆ Factual Information with statistics and sources cited; local examples identified. | | /30 |
| <p>ORGANIZATION: 30 Points</p> <ul style="list-style-type: none"> ◆ Effective Introduction ◆ Main Points Well Stated ◆ Logical sequence Of Main Points ◆ Original Use Of Information/creativity ◆ Transition ◆ Summary ◆ Concise Ending | | /30 |
| <p>DELIVERY: 40 Points</p> <p><u>20 pts. - Visual</u></p> <ul style="list-style-type: none"> ◆ Dress ◆ Grooming ◆ Poise ◆ Posture ◆ Enthusiasm/Energy ◆ Eye Contact ◆ Facial Expressions ◆ Effective Use of Varied Gestures <p><u>20 pts. - Vocal</u></p> <ul style="list-style-type: none"> ◆ Articulation/Diction ◆ Enunciation ◆ Correct Word Use and Grammar ◆ Pleasing and Flexible Voice ◆ Volume and Use of Volume ◆ Use of Pauses, Inflection ◆ Sincerity | | /20 |
| | | /20 |

Deductions will be made for speeches under or over the time limit. **Deductions will be made for reading the speech.**

TIME: _____

TOTAL SCORE: _____ /100